

# Bone Builders

Town	Class Location	Days	Time
Andover	Andover Community Church	Tues & Thurs	10:30am
Arlington	Arlington Common	Tues & Thurs	10:30am
Ascutney	Martin Memorial Hall	Mon & Wed	10:00am
Bellows Falls	Bellows Falls Senior Center	Mon & Fri	10:00am
Bellows Falls	Bellows Falls Senior Center	Tues & Thurs	9:00am
Bennington	St. Peter's Episcopal Church	Tues & Thurs	10:30am
Brattleboro	Red Clover Housing	Tues & Thurs	9:30am
Brownsville (W. Windsor)	W. Windsor Town Hall	Mon & Wed	9:00am
Chester	First Universalist Church	Tues & Thurs	10:00am
Dover	Dover Town Hall in E. Dover	Tues & Thurs	10:00am
Jacksonville	Whitingham Municipal Bldg.	Mon & Fri	10:30am
Londonderry	Neighborhood Connections	Mon & Thurs	9am-10am
Ludlow	Black River Valley Senior Center	Tues & Fri	10:00am
Manchester Center	First Congregational Church of Manchester	Mon & Wed	10:00am
Manchester Center	First Congregational Church of Manchester	Tues & Thurs	10:00am
North Bennington	Homestead Mews	Tues & Thurs	10:00am
Springfield	Whitcomb Bldg.	Tues & Fri	10:30am
West Brattleboro	First Congregational Church	Tues & Thurs	3:30pm
Woodstock	Thompson Senior Center	Tues & Thurs	3pm-4pm

# Virtual Zoom Classes

\*please contact GMRSVP Staff to be connected to a zoom class\*

Class Name	Platform	Days	Time
Arlington Legion	Zoom	Tues & Thurs	10:00am
Cavendish	Zoom	Tues & Thurs	10:00am
Brattleboro	Zoom	Mon & Fri	10:00am
Hartland	Zoom	Tues & Thurs	9:00am
White River	Zoom	Mon & Thurs	9:15am
Windsor	Zoom	Mon, Wed, & Fri	9:00am
W. Brattleboro	Zoom	Mon, Wed, & Fri	9:30am

## Chair Yoga

Springfield | Springfield Senior Center | Tues & Thurs | 9:00am